



**IXWORTH
FREE SCHOOL**

"Providing a foundation for life"

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29 April 2019

Dear Parent / Carer

Sex and Relationship Education

As part of the PSHE Drop Down Day this Friday, 3 May 2019, we shall be focusing on aspects of relationships and sex education. The whole school will be involved in the day and subjects will be age appropriate. For students in Year 7 this day will include the following areas:

- How we feel about ourselves;
- Gender and Roles;
- Healthy relationships – Types of relationships; Why do people have romantic relationships?
- Online safety – relationships on line;
- The physical changes of puberty, emotions and moods in adolescents;
- Families, Marriage and Civil partnerships;
- Considering dilemmas in relationships;

We recognise that effective sex education will address the moral and emotional issues, as well as the biological aspects and be relevant to a multi-cultural society. The programme will be informative and sensitively delivered, in accordance to our Sex and Relationships policy; however, if for any reasons, you do not wish your son / daughter to take part in these lessons on moral or religious grounds, you have the right to withdraw your son / daughter from taking part. If this is the case, then please do not hesitate to contact us in writing at enquiries@ixworthfreeschool.org.uk or by telephoning on [01359 234050](tel:01359234050).

Should you have any further questions about this event, please contact your son/ daughter's Tutor directly.

Yours faithfully

**Mrs Pia Parker
Assistant Head**

