



IXWORTH
FREE SCHOOL

"Providing a foundation for life"

Summer Enrichment Week 2018

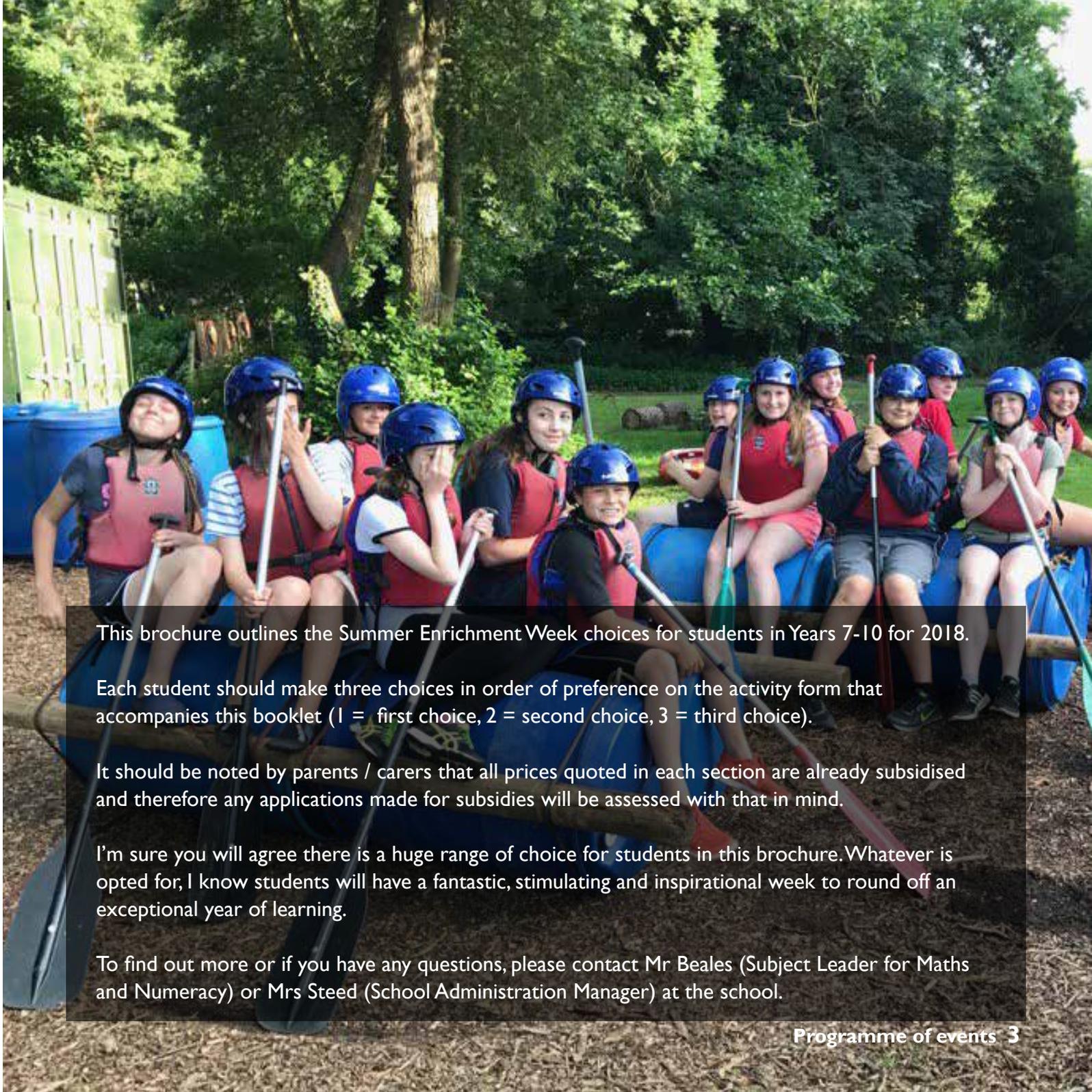
Summer Enrichment Week 2018

Here at Ixworth Free School, we believe in 'providing a foundation for life'. Our aim is to provide an all-round education which inspires our students to develop a love of learning for life. We believe that as well as learning through a broad and balanced, traditional curriculum, our students should be exposed to all kinds of learning and experiences through our exciting enrichment curriculum.

Our enrichment curriculum takes place as part of our school week (on Wednesday afternoons) and at the end of each term. At the end of the Michaelmas and Lent terms, 'Enrichment Days' engage our students in activities that are fun, memorable and exciting ends to an intense period of learning. The Lent term Enrichment Day is particularly geared also to enterprise and team learning. At the end of the Trinity term, our Summer Enrichment Week takes place. This full week provides the opportunity for long term engagement for our students in something that is of interest to them or to immerse themselves in something new!

Mr M Barrow
Headteacher
Ixworth Free School





This brochure outlines the Summer Enrichment Week choices for students in Years 7-10 for 2018.

Each student should make three choices in order of preference on the activity form that accompanies this booklet (1 = first choice, 2 = second choice, 3 = third choice).

It should be noted by parents / carers that all prices quoted in each section are already subsidised and therefore any applications made for subsidies will be assessed with that in mind.

I'm sure you will agree there is a huge range of choice for students in this brochure. Whatever is opted for, I know students will have a fantastic, stimulating and inspirational week to round off an exceptional year of learning.

To find out more or if you have any questions, please contact Mr Beales (Subject Leader for Maths and Numeracy) or Mrs Steed (School Administration Manager) at the school.



Rome

9 - 13 July 2018

4 days and 3 nights, from Monday to Thursday staying at a 3 or 4 star hotel in the centre of Rome. Evening meals provided at local restaurants, with breakfast and a packed lunch provided by the hotel.

During the week students will take part in the following activities:

Exploring the Colosseum, Roman Forum & Palatine Hill

Palazzo del Freddo: guided tour of the oldest & biggest ice cream factory – includes a tasting

Visits to Piazza Navona, Pantheon, Trevi Fountain & Spanish Steps

Guided visit to the Vatican Museum, Sistine Chapel & St Peter's Basilica

Friday will be in school doing some Italian cooking and producing a film of the trip.

Total Cost per Student £500

Number of places available: 40

Payment Schedule

£100 Deposit by 23rd February 2018 to secure a place

Second payment of £100 by the 20th March 2018

Balance due by the 20th April 2018



Y7 and 8 Camp Week

9 - 13 July 2018

3 days and 2 nights camping at Danbury camp, from Monday to Wednesday with the following activities:

Monday - Wednesday: Canoeing, Bush Craft, Archery, Climbing Wall, Obstacle Course, Zip Wire, BMX

Thursday we will visit Christchurch mansion in Ipswich, then have a picnic lunch in Christchurch Park

Friday we will visit Colchester Castle, then picnic lunch in Castle Park

Total Cost per Student: £170

Number of places available: 50

Arts Week

9 - 13 July 2018

Monday will be a day in school working with a local artist.

On Tuesday, students will visit Flatford mill and Dedham in Constable Country.

Wednesday students will be bringing their sketchbook drawings from Constable Country to life.

Thursday will be a day in school working with a local artist.

On Friday, students will be visiting one of London's Top art galleries

Total Cost per Student: £60

Number of places available: 30



Programme of events 5

Let's Cook

9 - 13 July 2018

Back by popular demand the let's cook week offers students to visit a professional kitchen in Ipswich and take part in the 'Cook with me' programme that we attended last year at West Suffolk College

Each day is split into two sessions; each session features a cookery lesson or various techniques and styles of cooking.

The food produced in the morning will then be eaten for lunch, with the food produced in the afternoon being taken home.

All transport and ingredients are covered in the cost of the week.

Total Cost per Student: £165

Number of places available: 25



6 Programme of events

Sports Week

9 - 13 July 2018

Monday we will be having a day of Basketball coaching provided by Ipswich basketball club, this will include a series of training sessions and a tournament in the afternoon.

Tuesday we will be visiting the Sport Park at the University of East Anglia. During the day students will have a tour of the campus and use the facilities at the sports park including the two story climbing wall, fencing and judo.

Wednesday we will be visiting Northampton Rugby club for a day of rugby provided by professional coaches.

Thursday we will be having a day of football coaching provided by Norwich City, this will include a series of training sessions and a tournament in the afternoon.

Friday we will be visiting the Human Performance Unit and the University of Essex for a taster day on sports science. During the day there will be a tour of the campus and taster sessions on elements of sports science including Physiology and sports Psychology.

Total Cost per Student: £100

Number of places available: 30

Politics, Law and Society Week

9 - 13 July 2018

Monday we will be visiting the Houses of Parliament with local Rt Hon Matt Hancock MP

Tuesday we will be visiting the Department of Government and Politics at the University of East Anglia. During the day students will have a tour of the campus and learn about UK and International politics as well as UK law and other elements of UK politics.

Wednesday we will be visiting Endeavour house in Ipswich to observe a session of the local council assembly. There will be a chance the Wednesday before for students to put a question forward to be discussed.

Thursday there will be a chance for 15 students to take part in a Mock session of Prime ministers questions. Whilst another 15 students visit the Ipswich court house to receive a talk by QC HHJ OVERBURY and then observe the court in session via the public gallery. (Students must be 14 or over to visit the court house.)

Friday we will be visiting Norwich castle to take part in a day called Storming the Castle where students will learn about the siege of Norwich.

Total Cost per Student: £60

Number of places available: 30





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www.ixworthfreeschool.org.uk

Walsham Road, Ixworth, Suffolk, IP31 2HS

Tel: 01359 234050

Email: enquiries@ixworthfreeschool.org.uk